



# SUNFLOWER

## BULLETIN **ROTARY CLUB OF ACTIVA DELHI**



No. 1

RI President : Rtn. Gordon R. Mcinally DG : Rtn. Jeetender Gupta President : Rtn. Arun Saxena Hony. Secretary : Rtn. Prabhjyot Kaur

August 2023

#### RI PRESIDENT'S MESSAGE



IN THE SPIRIT OF CARING

To Everyone in our Rotary Family.

At the 2023 Rotary International Convention in Melbourne, I asked all Rotary members to become champions in our effort to illuminate mental health

needs near and far. This includes helping one another feel more supported, advocating for mental health services, and building bridges with experts in the field to expand access to treatment.

It's an important task and a big ask. But it's also something that should feel familiar to every Rotary member - because everything we do is in the spirit of caring, giving, friendship, compassion and has been from the beginning of our organization.

We've grown into an amazing global network of 1.4 million interconnected community leaders — leaders who share a deep commitment to doing good in the world. But what makes Rotary powerful isn't just what we do for the communities we serve. We also support and empower each other, by creating a safe space for our members to bring their whole, authentic selves. We show each other comfort and care

These connections are deeply meaningful. The U.S. surgeon Dr. Vivek Murthy said, "We must prioritize building social connection the same way we have prioritized other critical public health issues such as tobacco, obesity, and substance use disorders." I am proud of what Rotary has done across generations to build those kinds of social connections - and this magazine focused on loneliness and what Rotary can do about it in its January 2023 issue.

Our worldwide community and our foundational value prioritizing Service Above Self makes Rotary a powerful global advocate for mental health. We've known all along that doing good helps transform not just the communities we serve, but it also transforms us. As we put a greater focus on mental health, we are not starting this effort from scratch. The Rotary Action Group on Mental Health Initiatives has been focused on these kinds of issues for several years. Mental health care fits comfortably within several of our areas of focus.

#### MESSAGE FROM PRESIDENT'S DESK



Dear Fellow Activians.

First and foremost I thank all the members for making the Installation Ceremony held on 26 August, 2023 a grand success. As we step into a new month filled with opportunities for service, fellowship, and growth, I am honoured to address you as the President

of our remarkable Rotary Club of Activa Delhi. I am confident that our collective efforts will make a positive impact on our community and beyond.

Unity is a core principle that binds us together as Rotarians. In the face of challenges, it is our unity that empowers us to overcome obstacles and create lasting change. Let us continue to foster a spirit of collaboration and inclusivity within our club, ensuring that every member feels valued and heard.

Looking ahead, I encourage each of you to actively engage in our upcoming initiatives and events. Your ideas. enthusiasm, and involvement are crucial to the success of our projects. Let us leverage our diverse skills and talents to amplify the positive impact we can have on our community.

Thank you for your dedication to Rotary Club of Activa Delhi. I am proud to serve alongside such a passionate and dynamic group of individuals. Let us continue to CREATE HOPE IN THE WORLD.

Rtn. Arun Saxena President, Rotary Club of Activa Delhi

#### FORTHCOMING MEETINGS

- 1. Cyber Crime on 13th September, 2023 between 5-7 PM at Vasant Vihar Club. New Delhi
- 2. Fellowship Dinner 23rd September, 2023 at 7:30 at PHD House.

### Charter Presentation of ROTARY CLUB OF ACTIVA DELHI & Installation Ceremony of Rtn. Arun Saxena as President & his Board for the year 2023-24

The Rotary Club of Activa Delhi celebrated a momentous occasion with its Charter Presentation and Installation Ceremony held at Hotel The Royal Plaza in New Delhi on August 26, 2023. Guided by the capable hands of Rtn. Ashok Agarwal, the President-Elect for 2024-25 and Master of Ceremonies (MoC), the event commenced with a soulful Ganesh Vandana and Puja, invoking blessings for the endeavors ahead. The lighting of lamps was a ceremonial act carried out by esteemed dignitaries, including Rtn. Ashok Kantoor, the District Governor for 2022-23, and the Chief Guest, Rtn. Alka, alongside other notable figures associated with Rotary.

The event unfolded with the melodious rendition of the National Anthem by a group led by Ms. Vandana Saxena, the first lady of Club Activa. Rtn. Ashok Agarwal took the stage to deliver a warm welcome and an insightful introductory address. He placed emphasis on Rotary International's Four Way Test, underlining its significance in ethical decision-making. Rtn. Agarwal delved into India's demographic dividend and economic achievements, discussing challenges in the modern era, from the impact of social media to concerns about sustainable ecology, healthcare, education, and clean water resources. Rotary's evolution from a professional association to a community service organization, encapsulated by the mottos "Service Above Self" and "One Profits Most Who Serves Best," were highlighted as guiding principles.

The spotlight then shifted to the introduction of Sh. Arun Saxena by Rotarian Sh. Amit Jugia, as the Charter President of the Rotary Club of Activa Delhi. Sh. Arun Saxena, a corporate lawyer practicing in various legal forums, transitioned to law after 24 years as a Chartered Accountant. His involvement in various committees and organizations was acknowledged, and Rtn. Ashok Kantoor, the District Governor, formally presented the Charter, officially inducting Sh. Arun Saxena as the President of the Club.



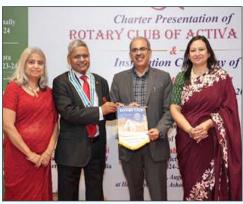
















The Club's commitment to small projects, medical check-ups, health awareness, cancer awareness, blood donation camps, and partnerships with educational institutions for underprivileged students' sponsorship were reiterated. The forthcoming signing of a Memorandum of Understanding (MOU) with the Rotaract Club at the Institute of Home Economics, University of Delhi, to establish its own Rotaract Club was announced. The "SUNFLOWER" Bulletin for August 2023, issue number 1, was unveiled during the event.

Sh. Ashok Kantoor, the Chief Guest, congratulated the Club members on the occasion of its chartering. He commended the Club's plans, including the establishment of a permanent vocational center in Delhi and a partnership with the Telecom Skills Council of India for underprivileged students' training. Sh. Kantoor urged the Club to strive for excellence, emphasizing the importance of strong member bonding for sustained community service. He concluded by encouraging the Club to fulfill its chartering day projects and maintain its commitment to Rotary's core values. The future looks promising for the Rotary Club of Activa Delhi, with a strong leadership line up and a commitment to making a lasting impact on the community.

During the event, Sh. Bhasin extended warm welcome to the dignitaries and presented them with mementos. Exciting announcements were made, including a collaboration with Nepal for a global grant project involving a check-dam in District 3053 of Rajasthan. Plans were unveiled for a significant literacy project in 2024 and a charitable contribution from Ms. Vandana Agarwal, President of Inner Wheel, Delhi Main.

Sh. Arun Saxena, the Club's President, shared insights into the Club's plans and objectives. He emphasized the importance of increasing Club membership, fostering fellowship, and leveraging the diverse experiences of its members. Sh. Arun Saxena detailed the Club's first project, involving the adoption of an anathalaya called "Maika," managed by an NGO, providing care for abandoned or orphaned women. Plans for adopting an MCD school and engaging in various welfare activities were also highlighted.

































## **ACTIVA BOARD**

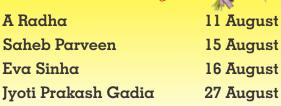
President Rtn Arun Saxena
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Rtn Pukhraj Chugh
Rtn Dr. Ravindra Singh
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Rtn Gursharanjit Gandhi
Rtn Neeru Khosla

Birthdays 🦹









Uma Kapoor



30 August







